

BLOOD SUB NEEDED

Ulster GAA are asking you to support blood donation and help save lives. Inform, encourage, support, organise, and if possible, **DONATE.**

You and your club can help boost numbers at existing clinics in your community and spread the message of the importance of blood donation to non donors. You can donate blood at a public session that best suits yourself. There may be one close to home or your workplace that allows you to drop in at time that's convenient.

For details on public sessions follow the links at: www.nibts.org for northern counties & www.giveblood.ie for southern counties.

SPREAD THE WORD

For more information log on to:

WWW.ULSTERGAA.IE/BLOODSUB

ULSTER GAA/CLG ULADH

T: 028 (048) 3752 1900

E: info.ulster@gaa.ie



#BLOODSUB

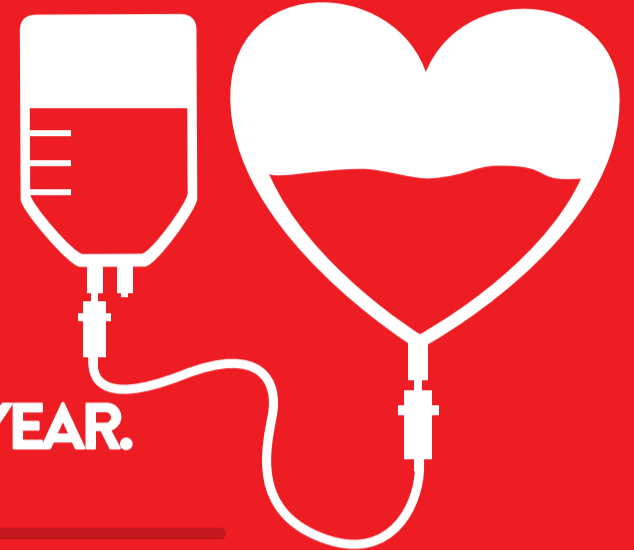


BLOOD HAS A SHELF LIFE OF

35 DAYS

70,000 PATIENTS

NEED A BLOOD
TRANSFUSION
EACH AND EVERY YEAR.



1 IN 4 OF US

WILL NEED A BLOOD
TRANSFUSION IN OUR
LIFETIME.

THE TRANSFUSION SERVICES NEEDS 3,000 DONATIONS EACH WEEK.

ONLY 1 IN

450

MEMBERS

OF OUR COMMUNITY ARE ACTIVE DONORS

