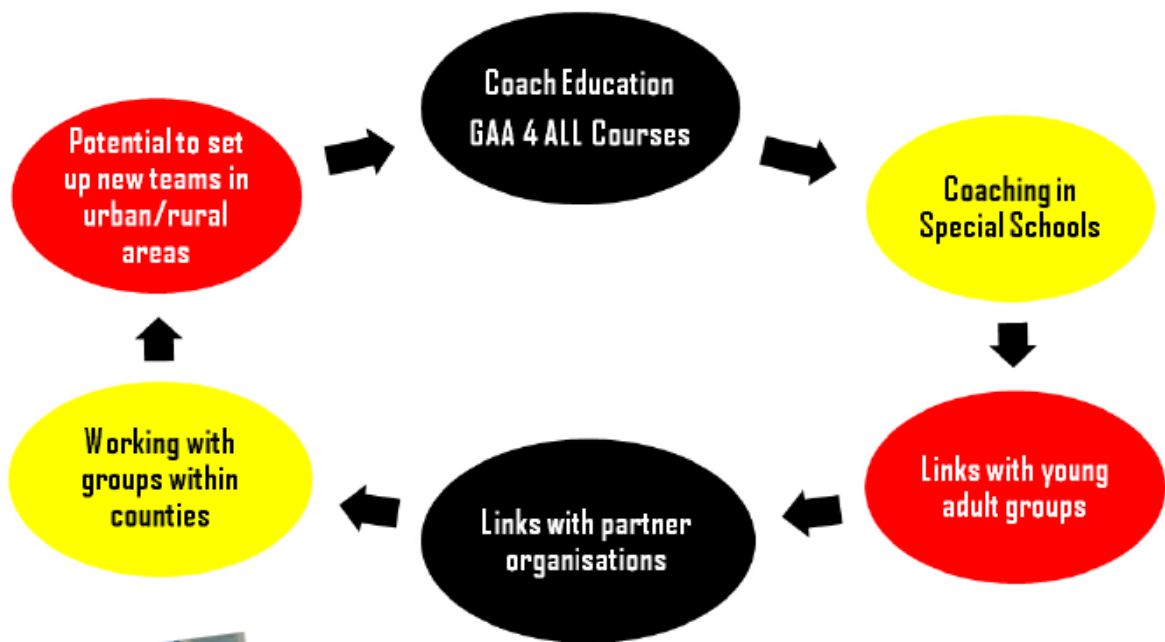




Ulster GAA / CLG Uladh Disability GAA

Fact Sheet



Ulster GAAs Disability programme has an impact on a wide range of groups and individuals across the province. Highlighted above are some of the various courses, coaching programmes, events and partnerships that Ulster GAA is involved in. If you know anyone with a disability (physical and/or learning) who would be interested in getting



involved in Gaelic Games or a coach that may be interested in promoting this worthwhile initiative then please contact any of the Ulster Council Regional Development Officers or the Active Communities GAA Coaches in your area.

Ulster GAA Regional Development Officers

Diarmaid Marsden (Armagh, Cavan and Monaghan)
07920 528 792 diarmaid.marsden.ulster@gaa.ie
Paul Callaghan (Tyrone, Derry, Donegal, Fermanagh)
00353 8680 66166 paul.callaghan.ulster@gaa.ie
Shane McCann (Antrim and Down)
07920 528 793 shane.mccann.ulster@gaa.ie

Partner Organisations

Mencap: www.mencap.org.uk
Special Olympics Ireland: www.specialolympics.ie
Barnardos: www.barnardos.org.uk/northernireland.htm
Disability Sport NI: www.dsni.co.uk
Disability Action: www.disabilityaction.org



Ulster GAA

FACTSHEET

RECREATIONAL GAA

Ulster GAA promotes and delivers Social & Recreational blitzes around the Province. This is a project that targets males and females of all ages who aren't currently playing competitive football and would like the opportunity to 'have a kick about' in a fun environment.



Benefits;

- Fun, enjoyment, exercise, health and fitness.
- Social outlet, friendships.
- Opportunity for past players/members to get reacquainted with the club.
- Recreational/Social games can help create a buzz around the club.

Contact Details

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How is it organised?

- Key person within club is required to promote the concept.
- Organise games within the club or against neighbouring clubs
- Clusters of clubs or divisional boards can drive the initiative to make it more official.
- Organise games in conjunction with local carnivals, GAA festivals or family fun days.
- Organise social games within your workplace. This could eventually lead to formation of an inter-firms team.

Team options

- Over 35 or 40 (male or female only).
- Mixed teams (male and female of any age).
- Anyone who does not currently represent their club on the field of play.
- Everyone and anyone!

Rules

- Incidental contact only (No tackling).
- Gaelic Football - 2 touches max (one solo and/or one bounce).
- Hurling - Soloing is not permitted.

**Recreational GAA events are currently being planned for your County.
Please contact the above contact details for further information**