



## Ulster GAA

# KEYNOTE

This is the fourth Conference in our cycle where we have addressed Children's Coaching in 2009, Youth in 2010, Adults for 2011 and now in 2012 our conference is 'Education and Club Links in GAA'. It targets teachers and coaches who are working in education. We would like to thank all the speakers for their input and in particular we would like to extend a warm welcome and thank you to our speakers and facilitators for today Sessions. We have a wealth of experience in our work-shops and keynotes and we know you will enjoy the interaction. Our Speakers include the following.

**Oliver Galligan:** Oliver is a member of the Cavan Gaels Club where he played football at all levels. He played in 5 senior county finals, winning 3 titles and 2 senior leagues. Oliver captained the club minor double winning team to their first county title in 1967. Oliver played county football for Cavan at all levels and captained the county minors in the 1967 Ulster championship and was a member of the senior panel from 1969 to 1973. Oliver played in 2 Ulster finals, the U21 Championship final in 1970 and the Senior Club final in 1977. A former chairman of his club, Oliver has been a member of the Cavan County Board for the past 15 years, holding positions as development officer and Ulster Council representative. He has chaired the Ulster coaching and games development committee and has served on the national coaching committee representing Ulster. At National level, Oliver was chairman of the national Code of Ethics work group for 9 years and is presently a member of the Central Hearings Committee.

**Aogán O'Fearghail :** Aogán is a member of Drumgoon Eire Og where he played football. He played handball at local club level and was introduced to GAA administration through handball. At St Patrick's College, Drumcondra, Aogán played hurling and football with Erin's Hope club and handball with the college team. He also toured Scotland with a colleges shinty team. Aogán was secretary of the college Handball club and assistant secretary of the Hopes GAA club when they won the Dublin Senior championship in 1979. Aogán has served his club at all administrative levels and he established juvenile football in the club and has coached all under age level for 25 years and continues to coach at schools and club level. Aogán served as club delegate to Cavan county board, he was Cavan Irish language officer and for 12 years has been Cavan's delegate to Ulster Council. He has served as Council PRO, Treasurer and Vice Chairman before being elected President in March 2010.

**Sean Mc Elhatton:** Sean qualified from St Joseph's Teacher training college in 1970, became Head of Physical education at St Augustine's High School Belfast in 1989. In 1990 he moved to the post of Adviser for Creative Education (physical education). He played a leading role in the Development of the Youth Sport initiative as well as the City Sport GAA/Soccer/Rugby scheme for coaches and teachers 1995 - 1998. Sean was awarded a Fellowship of the Physical Education Association of Great Britain and Northern Ireland for his contribution to the development of physical education in schools. Sean played all his underage football with Tyrone's Thomas Clarkes Dungannon from the mid to late 60's, playing alongside some of the Tyrone Greats such as "Art McCrory". At St Joseph's Teacher training college he was part of the Ryan cup winning team and later coached the college in 1981. He transferred in 1970 to Lamh Dhearg C.L.G Antrim winning a senior championship and league double with the club in 1971. He spent over 20 years playing and managing many Lamh Dhearg sides in the 70's and 80's. He still assists the strategic development of the club. Sean also trained the Antrim senior team in the early 80's and in 1983 took up the position as county manager. His county success was also with his native Tyrone. He played junior and senior football with the red hand county from 1966 - 1975 winning an Ulster senior title with Tyrone in 1973 and an all Ireland division 2 league title.



ALL Speaker Presentations will be on line [www.ulster.gaa.ie/coachingconference2012](http://www.ulster.gaa.ie/coachingconference2012)

**Philip Glasgow:** Dr. Philip Glasgow is head of Sports Medicine at the Sports Institute Northern Ireland. A graduate of the University of Ulster, his doctoral studies investigated factors influencing exercise induced muscle damage and its management. He has worked as a physiotherapist in the NHS, as a researcher at the University of Ulster and for the past number of years within high performance sport managing elite athletes during training and competition from across a wide range of sports including rugby union, hockey, athletics, boxing, skiing, sailing, cycling, swimming, squash and football.

Phil has worked at a number of major international competitions including various World and European Championships as well as working as a HQ physiotherapist for the Irish team at the Beijing Olympic Games. His particular interests are in the field of functional rehabilitation and in the development of robust clinical assessment for sports specific skills.

Phil is currently the chair for Education and Research for the Association of Chartered Physiotherapists in Sports Medicine (ACPSM), the national body representing sports physiotherapists and is a committee member of the NI branch of the British Association of Sport and Exercise Medicine (BASEM). Phil has presented at a number of international conferences on various aspects of sports medicine and is involved in the undergraduate teaching of physiotherapy and medical students; he teaches on a number of postgraduate MSc programmes at various UK and European universities.

**Jimmy Smyth:** Jimmy is the present Secretary and former Chairman of Ulster Vocational Schools Committee. He is a member of the All Ireland Schools Executive, as well as the second level Schools Committee with the Ulster Council. A retired teacher, he taught for 38 years as Head of PE in St Paul's JH School in Lurgan. Educated at St Colman's College Newry, where he won McRory and Hogan cup medals he attended St Joseph's College Of Education in Belfast where he under the tutelage of Jim McKeever he collected a Fresher's and Ryan Cup Medals. Jimmy is the holder of 9 Senior County Championship and 3 Ulster Club Championship Medals with his club Clan na Gael in Lurgan. He played for Armagh for 14 years captaining them to an All Ireland Final in 1977 and in the same year collected an All Star. In recent years he has worked with the BBC Northern Ireland as a commentator on their Championship Programme.

**Sean Dempsey:** Sean attended Ballyadams National School in Laois, he then transferred to the Christian Brothers Athy, Co Kildare, Sean then furthered his education and attended Galway University to complete a degree in Training and Education. He then went onto the university of Ireland to complete a Diploma in Employee and Industrial Relations. Sean won 4 senior championship medals in Laois. Sean Has managed all Laois Football Teams from U-14 through to senior, including Laois Senior Ladies between 1996 and 2010. Sean managed Laois to win an All Ireland Minor in 2003, he managed his club to win a Leinster Minor in 2004, Leinster U-21 2006 & 2007. Sean is currently the manager of Carlow minor footballers. Sean is also the Chairman of Leinster Council's Football Development Committee and is a member of the Leinster Master tutor group.

**Eugene Young:** Eugene is a member of the Henry Joy Mac Cracken's club in Moneymore. He has represented Derry and Ulster in Gaelic Football, played Provincial and International basketball for Ulster and Ireland at Commonwealth, European and Pre Olympic tournaments. Eugene commenced his employment with the Ulster Council in November 2001 as a high performance director at the Sports Institute Northern Ireland. He is currently Director of Coaching and Games development at the Ulster Council where his role is , Strategic Direction, Management, development, Marketing & Promoting of Coaching & Games Programmes.

**Ryan Mellon:** Ryan has played Gaelic football for his Club, Moy Tir na nOg, at all levels, winning a Division 2 All County league title in 2008. At school, Ryan captained St Patrick's Grammar school Armagh MacRory Cup team and received an Ulster Colleges Allstar in 1999. During his time at University at UUC, Ryan captained the Fresher team to an All Ireland Intermediate title in 2000. Ryan has played Gaelic Football for Tyrone at all levels, winning 3 All Ireland Senior Football Championships, 1 All Ireland U21 Football Championship, 1 All Ireland Minor Football Championship and 1 NFL. Ryan has been employed by Ulster GAA since March 2007 and is involved in a wide range of initiatives throughout Ulster. Such initiatives include, co-ordinating the delivery of development programmes in second level schools and developing all aspects of Gaelic games in St Mary's University College and Belfast MET. Ryan also works in a development role with Ulster Referees.

**Kevin McGuigan:** Kevin McGuigan is the Sport Science Support Officer with Ulster GAA. Kevin graduated from University of Ulster in 2006 with a degree in Sport & Exercise Science. He started in his current role in late 2009 and as part of his role he provides sport science services to teams across Ulster, including fitness testing, heart rate analysis, GPS analysis and video analysis. Kevin plays his football with Newry Shamrocks and Down where he played Senior County football between 2004-8.

**Terence McWilliams:** Terence is a member of the Pearse' Kilrea Club, where he has played and coached most of his life. He has represented his county in football at all levels. Terence is the Ulster Council's Games Development Manager. With the council he has developed the Fundamental and Learn To Train manuals which are regarded as, an example of best practice worldwide. Terence along with the KSI Department of Education coaches have developed the Gaelic Start Manual which is now being rolled out in our clubs to help involve parents of young children. Their latest recourses are sample lessons specially developed for KSI and KS 2 teachers.

**Joe McMahon:** Joe is a member of the St Endas Club, Omagh where he is a current player. He is also a member of the Tyrone senior team winning 2 all-Ireland medals in 2005 and 2008. He has been working for the Ulster Council for 5 years as Department of Education Primary Schools coach in physical literacy, working in the Strabane District.

**Ben McGuckin:** Ben is a Primary Schools DENI Coach with Ulster GAA and a playing member of Watty Grahams GAC Club Glen, Maghera. He has been involved in his role with Ulster GAA since September 2007. His main role is to develop children's generic physical literacy skills, raise pupils' confidence and self-esteem and raise the confidence of, and provide support to, primary teachers in delivering P.E. Ben currently plays football for Watty Grahams Glen, Maghera and has coaching every level in the Club from U6 to Seniors. He has also coached Derry Development squads .

**Owen Mooney** is From Lisnaskea Emmetts (Fermanagh) Owen Currently plays as well as having the role of Club Coaching Officer.. Owen with his club has won Senior League Division 2 in 2010; Fermanagh, Ulster & All Ireland Intermediate Champions 2011; Managed St Patricks Ladies to Fermanagh League & Championship Double in 2010 where getting defeated in the Ulster Junior Quarter Final. Owen is employed as a DENI Key Stage 1 Coach with the Ulster Council for 3 years now.

**Fionntán O'Dowd:** Fionntán is a Primary Schools Coach with Ulster GAA in County Derry. He graduated from University of Ulster in 2006 with a degree in Sport & Exercise Science. Fionntán started in his current role in September 2008 having previously been an Urban Games Promotions Officer in Belfast for the association. As part of his role he delivers a structured programme that focuses on physical literacy for foundation and key stage 1 in primary schools whilst also working closely with teachers to develop their confidence in delivering physical literacy. Fionntán now resides in Magherafelt however still continues to play senior football for his home club Tullylish (Down).

**Gavin McGilly:** Gavin is a member of the Annaghmore Pearses Club in Co. Armagh. He won a Junior Championship & League double in 2003 and has an All-Ireland Freshers Div 1 medal with UUJ. Last year he guided his the club's U-21 side to their first county title whilst also achieving championship success at U-16 level in 2009. Gavin joined the Ulster Council Coaching staff in 2010 he is based in the Downpatrick area although his work takes in areas of South Belfast such as Ravenhill and Carryduff.

**Kevin Kelly:** Kevin is a member of the Naomh Colm, Baile na Scríne Club in Co. Derry. He has represented his Club, St Patrick's College, Maghera, and County Derry at every level in Hurling. Kevin has also played football for Baile na Scríne mainly at an underage level. Kevin continues to play for the club hurling team and manages the Club Senior & Minor Camogie Teams. He has coached a number of teams from U6 to Senior Inter-County across the Province. Kevin has been employed by the Ulster Council GAA from November 2008, Kevin's responsibility as Hurling Programme Officer is to assist the development of Hurling in Ulster via schools, colleges, 3rd level, clubs and county teams.

**Ryan Feeny:** Is employed by the Ulster Council since 2006 and is Head of Community Development, Strategy and Public Affairs. Ryan is a lifelong member of St Mary's Faughanvale GAA county Derry. Ryan previously taught Politics and Economics and worked as an Academic Researcher. Within the Ulster Council Ryan is the senior staff lead for Community and Club Development, Community Outreach and Inclusion, Provincial and County Strategic Planning, Public Affairs, lobbying, Marketing and Commercial Activities.

**Danny Turley:** Danny is the Managing Director of Performa Sports Ltd. Performa Sports is a real-time sports performance analysis tool designed for analysts, coaches and players. Danny graduated from the University of Ulster with a degree in Interactive Multimedia Design, and with a Masters in Multidisciplinary Design. Danny has spent the last seven years working as the Sports Performance Analyst with the Armagh County GAA team.

**Diarmaid Marsden** Diarmaid is a Regional Development Officer for Ulster GAA rolling out various initiatives and coach development programmes across Armagh, Cavan and Monaghan. He is a member of the Clan na Gael club in Lurgan, and has collected various football honours including 3 county minor championships and 2 senior championships. Over the last 20 years Diarmaid has played football at the highest level for club, college, county, province and country and has achieved success including Hogan cup 1993, Sigerson Cup 2000, 4 USFC, 1 Allstar 1999, All Ireland senior with Armagh 2002, 3 Railway cups and International Rules series in 1998. He has coached and managed teams at numerous levels in his club. He currently devotes his time to helping underage football in the Clan na Gael club in his role of coaching officer.

**Johnny Bradley:** Johnny graduated from the University of Ulster in 2007 with a BSc Hons in Interactive Multimedia Design and in 2009 he completed a MSc in Performance Analysis. He is a former county player with Derry, his experience as a Performance Analyst has seen him work with various Johnny has an extensive background in performance analysis and computer technology. This experience has enabled him to set up Elevate club, universities and inter-county teams across the country. Such a wide involvement has facilitated work with Monaghan GAA, Meath GAA and Kildare GAA. Sports Solutions ([www.elevatesports.co.uk](http://www.elevatesports.co.uk)) a company that aims to provide coaches with resources and services that allows them to be the best coaches they can be.

**Eoghan Gribben:** Hails from Cuchulianns Hurling Club Armagh. Eoghan is employed as a primary schools coach in the Ulster GAA and has been employed since 2008 he is based in Antrim & Ballymena area. His role is coaching foundation & KS1 children in fundamentals and building a link between schools & local clubs.

**Gary Mallon:** Gary has worked for the Ulster Council since March 2006, he is responsible for the promotion and development of all aspects of Gaelic Games within further education colleges and Institutes. Gary runs N.G.B awards and a wide range of workshops including performance analysis, strength & Conditioning for gaelic footballers and safe guarding children. Gary has set up GAA academies in Further Education Colleges thus allowing ladies and men's players across the codes to train in their own sport and follow their academic pathway at the same time. Gary is a member of the Tir na nog GFC Portadown. As a player he has represented his club at every level from underage to senior. He has coached at all underage levels and progressed to the senior team in 2002 where they went on to win the Armagh intermediate Championship. Gary has been involved with development squads in Armagh. He was involved in the coaching of the Armagh county under 21 team to an Ulster championship in 2007 and was also involved with the senior county team who won the Ulster Championship in 2008

**Roger Keenan:** Roger is a member of the St Patrick's club in Gortin. He captained his club to their only Senior County Final appearance in 1985 and went on to represent Tyrone at senior level. While at Queens he won a Ryan Cup medal in 1983. He won an Intermediate Championship with his club in 1989 and later managed them to a 2nd title in 2003. In 2005 he managed Carrickmore to back to back senior titles and U-21 Championship. Responsible for Coach Development in Ulster.

**Tony Scullion:** Tony played Football and Hurling for his club Ballinascreen. He also played Senior in both Football and Hurling for Derry and went on to play for Ulster in Football for 10 years where he won 6 consecutive Railway Cup Medals and captained Ulster to success in 1991. In 1993 he won an All Ireland Senior Football Championship Medal with Derry and on top of that he has won 2 Ulster Senior Championship Medals and 3 National League Medals. He captained Derry to National League success in 1995. He has played for Ireland in 2 international Rules Series against Australia in 1987 and 1990. He has won 4 All-Star Awards in his career. He played inter county hurling for Derry from 1984-1990. In Coaching and Management he has been involved with various successful Teams from Club, Provincial and National Level.