



Coláiste de Chuid Ollscoil na hEiríann

Ulster GAA in association with St Mary's University College Team Fit Programme

Preparation for performance in Gaelic Games has considerably changed in recent years to incorporate many new technologies and approaches to preparing players and teams. This course will provide a more complete approach to preparing teams for competition.



ST MARY'S UNIVERSITY COLLEGE

A DISTINCTIVE ETHOS IN HIGHER EDUCATION SINCE 1900

EDUCATING LEADERS IN GAELIC GAMES

Applications available to download from:
www.smucb.ac.uk
www.ulster.gaa.ie

St. Mary's University College
191 Falls Road, Belfast BT12 6FE
For information contact: r.mellon@stmarys-belfast.ac.uk