# O'NEILLS®

Ulster GAA Coaching and Games Development Conference 2010 Saturday 30<sup>th</sup> January, Glenavon House Hotel, Cookstown

# **BOOKING FORM**

| Club | No. Delegates |
|------|---------------|
| Name | Position      |

(Please contact us if you would like more delegates to attend)

| Address |  |
|---------|--|
| Con St  |  |
|         |  |
| Tel     |  |
| Fax     |  |
| E-mail  |  |
| Mobile  |  |

Dietary Requirements (If required)



# Ulster GAA Coaching & Games Development Conference 2010

*"Caring, Coaching and Keeping Our Youth Involved"* 



Saturday 30<sup>th</sup> January 2010 Glenavon House Hotel Cookstown

Cheques made payable to 'Ulster Council GAA'. Post along with booking form in the envelope provided.

www.ulster.gaa.ie

## Coaching & Games Development Conference 2010

The 6th Ulster GAA Coaching and Games Development Conference will take place on Saturday 30<sup>th</sup> January 2010 in the Glenavon House Hotel in Cookstown.

This year's conference targets coaches who are working with youth players from 13-18 years. It builds on a successful Conference in 2009 where we targeted children's coaches.

The Conference consolidates the coach education work that is ongoing within the County programmes and the Provincial Coach Development Programme. Ulster coaches are constantly refocusing and challenging their coaching practices and the speakers this year will again challenge the coaches to raise the bar. Places are open to all coaches at a cost of £20 / €25.

Places are limited and will be allocated on a first come first served basis.

For further information or to register, please contact Bernie Fox on 028 (048) 3752 1900 or Email: conference.ulster@gaa.ie

Deadline for Registration is Monday 25th January 2010.

### **Ulster GAA Website**

The development of the Ulster GAA website is ongoing and it currently includes a vast range of coaching articles, details of our ongoing Volunteer Development Programme courses, as well as a number of interactive coaching resources which are available to purchase. If you require any further information, you can find the details for our coaching staff on the website. So log on today at www.ulster.gaa.je



# WORKSHOPS

#### Please indicate which workshops you would like to participate in

#### (and number of delegates)

- Talent ID Profiling Players, Progressing Talent, Producing Stars 14 18 Years
  Roger Keenan Ulster GAA Coach Development Manager
- 2. Bright lights and High Stools Keeping Youth involved in GAA clubs
  - Liam Groogan Omagh St Enda's
  - Joe McMahon Ulster GAA DENI Coach & Tyrone Footballer

#### 3. Developing High Intensity Hurling – Coaching Practice and Intensity

- Jimmy Darragh Ulster GAA Hurling Development Manager
- Kevin Kelly Ulster GAA Hurling Programme Officer
- Kevin McGuigan Ulster GAA Sports Science Support Officer

#### 4. Three Kicks and a Score – Getting the Ball over the Bar

Johnny Bradley - Performance Analyst, SINI

#### 5. Conditioning the U12, U14 & U16 Age Groups

- Paul Rouse Ulster GAA Third Level Development Officer
- Ryan Mellon Ulster GAA Third Level Development Officer & Tyrone Footballer

#### 6. The Big Picture for Youth - Pathways, Challenges, Issues & Coaching Practice

Tony Scullion - Ulster GAA Football Development Officer

#### . The Hidden Challenge for the Coach – Suicide, Mental Health & Lifestyle

- Des Jennings Performance Lifestyle Manager, SINI
- Oisin McConville Former Armagh Footballer & All-Star

#### 8. Management is Different from Coaching

Peter McGinnity - Fermanagh Games Development Manager

#### 9. Developing the Coaching Structures in your Club

Terence McWilliams - Ulster GAA Games Development Manager

#### 10. Strategy, Structures & Systems to Move Hurling Forward in Armagh

- Paul Kelly Chairman of Armagh Hurling Committee
- Ronan McWilliams Ulster GAA Regional Hurling Development Officer

"Caring, Coaching and Keeping Our Youth Involved"

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