

Financial Stress?



Rural Support could help you by:

- Providing free, confidential, face to face support
- Easing the burden of dealing with debt
- Helping you identify a way forward
- Supporting you to take action

To speak to someone in confidence contact our helpline:

0845 606 7 607

The helpline is available 8am – 11pm, seven days a week (voicemail and support options available at all other times).

Email: info@ruralsupport.org.uk Website: www.ruralsupport.org.uk

