Coaching and Games Development – Standard Action Plan for Clubs

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| **Action** | **Outcome Sought** | **Timescale**  **(When?)** | **Milestone (Specific steps to achieve outcome sought)** | **Responsibility** |
| Establish a Coaching and Games Committee and appointment of Club Coaching and Games Development Officer | To oversee all aspects of games development in the club and ensure the best possible coaching structures are in place in the club |  | * Appoint Coaching Officer to chair Coaching Committee * Other members of Coaching Committee to include – Coaching Administrator, Children’s Officer, Club – School Liaison Officer, Equipment Coordinator, Representative from each age group and code | Executive Committee |
| Appointment of Coaching Teams (Head Coach and assistants) for all age group | Head Coach in place at each age group (Nursery, U8 – U18)  Sufficient Assistant Coaches (number of coaches is reflective of number of players) |  | * Re-appointment of current coaches * Promote suitable Assistant Coaches * Identify individuals from within club e.g. current and past players * Recruitment of parents and new coaches | Coaching and Games Committee |
| GAA Code of Best Practice and Code of behaviour in place | To promote an environment of respect in the Club and to ensure that all children participate in a safe environment |  | * All coaches to attend Child Protection Workshop (reviewed every 3 years) * “Respect” posters visible in club premises * GAA Code of Conduct to be read and signed by parents, players and coaches | Children’s Officer |
| **Action** | **Outcome Sought** | **Timescale**  **(When?)** | **Milestone (Specific steps to achieve outcome sought)** | **Responsibility** |
| All coaches working with underage players to have received Garda Vetting / Access NI clearance | To provide assurance to players, parents and members that all coaches working with young people are suitable |  | * All new coaches to go through process as soon as possible | Children’s Officer |
| Coach Education | An environment of **best practice** in coaching should be fostered with coaches willing to learn and improve  Coaches should take what they have learnt and implement new ideas with their teams  All coaches to have minimum of Foundation award with ambition to move up coaching ladder |  | * Foundation Award available each year * Award 1 (Children, Youth and Adult) courses available each year * Award 2 (Children, Youth and Adult) courses available for those experienced coaches * County and Provincial CPDs * First Aid | Coaching Officer |
| Implementation of specific Coaching Programmes for all stages of Long Term Player Pathway (see appendix 1 for more detail – poster and content) | Ultimately each team should be undertaking a programme of coaching appropriate to the age group  As players move up the player pathway they will develop the correct skills and competencies with regard to physical capabilities, technical proficiency, tactical awareness, game sense, health and performance |  | * Coaching officer to ask head coach for 6-10 week plan for each age group * Coaching officer to review the plans at each age group * Head coaches to carry out the sessions as per their plans * Coaching officer to monitor the delivery of these various plans | Coaching Officer |
| **Action** | **Outcome Sought** | **Timescale**  **(When?)** | **Milestone (Specific steps to achieve outcome sought)** | **Responsibility** |
| Programme of Games for all age groups (Go Games, competitive fixtures, challenge games, tournaments and blitzes) | All players/teams to receive sufficient games throughout the year to help with development |  | * Coaching committee to agree minimum number of games (league, championship, blitzes, challenge games) for each age group * Coaching administrator to notify head coaches of official fixtures and Go Games blitzes * Head coach to ensure that fixtures are fulfilled * Head coach to organise challenge games as agreed at start of year | Head coaches  Assistant coaches  Coaching administrator  Coaching Committee |
| Club School Link in place and Club School Liaison Officer (SLO) appointed | To cement relationship between local school and club  Ensures children receive GAA coaching all year round  Opens up pathway for new players not attached to another club |  | * Start of year meeting with school representatives * After school coaching planned and delivered * Curriculum time coaching planned and delivered * Club noticeboard set up and regularly | School liaison officer  Club coaching officer |
| **Action** | **Outcome Sought** | **Timescale**  **(When?)** | **Milestone (Specific steps to achieve outcome sought)** | **Responsibility** |
| Recruitment of New Players | Sufficient numbers of new children joining the club every year  These can be at first stage of pathway (U6s) or could be older children that have never been at club before |  | * Club – School Links * Gaelic Start programme implemented for 4-6 year olds * Promotion in local area (flyers, local press, bulletin) * Registration night | School Liaison officer  Club Coaching Officer  Club coaching administrator |
| Registration Night | Yearly event to register all existing and new children to the club |  | * Set Date in early part of year * Advertise in local press, social media, website * Flyers into local schools | Coaching officer  Coaching Administrator  Children’s officer  Head Coaches  Assistant coaches  Club registrar |
| Equipment Coordination | Each team to have sufficient equipment for training and games  Each coaching team responsible for their own equipment |  | * Suitable storage facility for equipment set up * Inventory carried out at start of year * Order equipment for each team * Monitor as year progresses | Equipment coordinator  Head coaches |
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| Facility Coordination | Schedule of training and games in place that everyone is aware of, so that every team has sufficient access to club facilities |  | * Identify what facilities are required (club pitches, indoor halls, council pitches, gyms, schools) * Allocate training slot and games slot for each team * Club noticeboard to show clearly who is using club facilities throughout the week * Update noticeboard on weekly/fortnightly basis | Coaching Officer  Coaching administrator  Groundstaff  Premises manager |
| Regular Coaching Committee Meetings | Monthly / 6 weekly schedule of coaching committee meetings planned.  This will enable coaching officer to get feedback from all sections of coaching committee, monitor implementation of coaching plan and deal with issues that arise during the year. |  | * Yearly schedule of meetings planned * All members of coaching committee and head coaches notified of schedule * Reminders of meetings sent out with agenda * Minutes with action points drafted and sent out to members of committee | Coaching Administrator |