

Level 2 Award in Multi- skills Development in Sport



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1st4sport Level 2 Award in Multi-skills Development in Sport

- 1st4sport Qualifications are the awarding organisation
- Qualification is accredited on the Qualification and Credit Framework
- Technical Development Group – sports coach UK, Youth Sport Trust, EFDS, local authority rep, governing body rep, HE/FE rep
- ‘What should a level 2 qualified multi-skills coach be able to do?’ ie knowledge and application

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- Technical Development Group started with the question

‘What should a level 2 qualified multi-skills coach be able to do?’

Decision-making factors

- Target audience of coaches – their time and financial commitment
- Suitable for club coaches, governing body coaches, community programmes, private providers, HE students
- Recognised Centres, governing bodies and other sport organisations – attractive to them to run
- Pre-requisite of holding a recognised governing body level 2 qualification to reduce the learning programme and places this as a CPD opportunity for L2 and above coaches

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- Three units that are on the QCF:
 - Understand how to coach children in a multi-skills environment
 - Developing FMS
 - Developing FSS
- Assessment - written tasks, 2 practical observations, 4 linked sessions
- Recommended Learning Programme – 2 days plus one day for final assessment

sports coach UK learning programme

- Delivered by Coachwise Recognised Centre
- The 5 games categories are the strands used for delivery
- Delivery underpinned by the 5 C's of Coaching Children
- Multi-skills Matrix
- 4-linked sessions:
 - FSS theme eg Striking/Fielding
 - FMS theme eg sending/receiving

Implications for Coach Managers

- Know the qualification – eg pre-requisites, length of learning programme, assessments
- Recognise your coaches' stage of development and when they will benefit from the qualification
- Understand what is a multi-skills coach ie ability to make the links between sports
- Understand the principles of themed multi-skills programme
- Know how to access the qualification