

UK COACHING SUMMIT

**'PROMOTING
DOPING-FREE
SPORT THROUGH
COACHING'**

June 7th/8th 2011

Who are we?

- **UK Anti-Doping;** is the national body responsible for the UK's anti-doping policy, and ensuring sports in the UK comply with this.

Amanda Batt, Education Manger, UK Anti-Doping

Jenny Green, Education Officer, UK Anti-Doping

- **Sports coach UK;**

Adam Matthews, eLearning Technical Lead

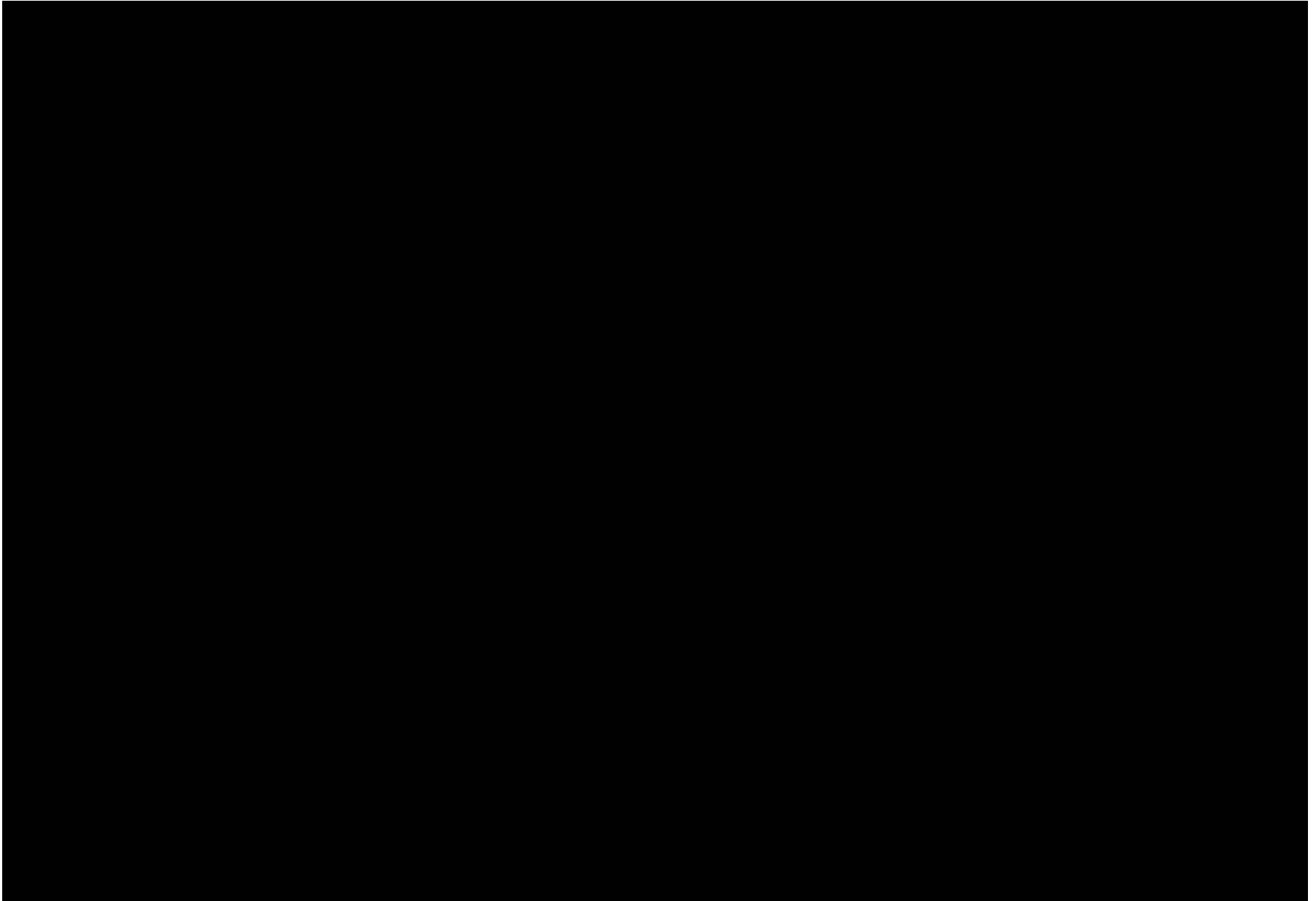
- **Coachwise Ltd:**

Paul Rufus, Business Development Manager

AIM OF THE SESSION

- Brief overview of anti-doping
- Recognise the importance of coaches in supporting athletes to be clean, stay clean and believe that all their competitors are clean too
- Identify gaps in own provision and analyse use of proposed solutions

Anti-Doping : The Big Picture



ANTI-DOPING THE BIG PICTURE

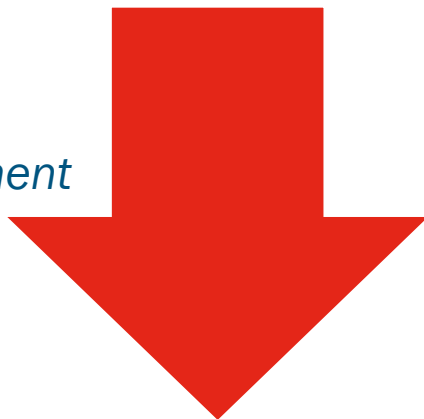
- **World Anti-Doping Agency (WADA)**
 - Coordinates and monitors the fight against doping in all sports
 - Developed the International World Anti-Doping Code
- **UK Anti-Doping**
 - UK Body responsible for anti-doping in the UK
- **NGBs**
 - Education of athletes and compliance with the UK Anti-Doping Policy
- **Coaches**
 - NGB Coaches are under the jurisdiction of the UK Anti-Doping rules
- **Athletes**
 - Under the WAD Code have **'STRICT LIABILITY'**

THE ROLE OF UK ANTI-DOPING

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*Legal:
Case
Management*



DETECTION

*Science and
Medicine
Testing
Intelligence*



PREVENTION

*Education and
Information
programmes*



*Awareness
Raising:
Communications*

ANTI-DOPING: TRUTHS AND MYTHS



TRUTH OR MYTH

- You can only receive a sanction if you test positive for a banned substance

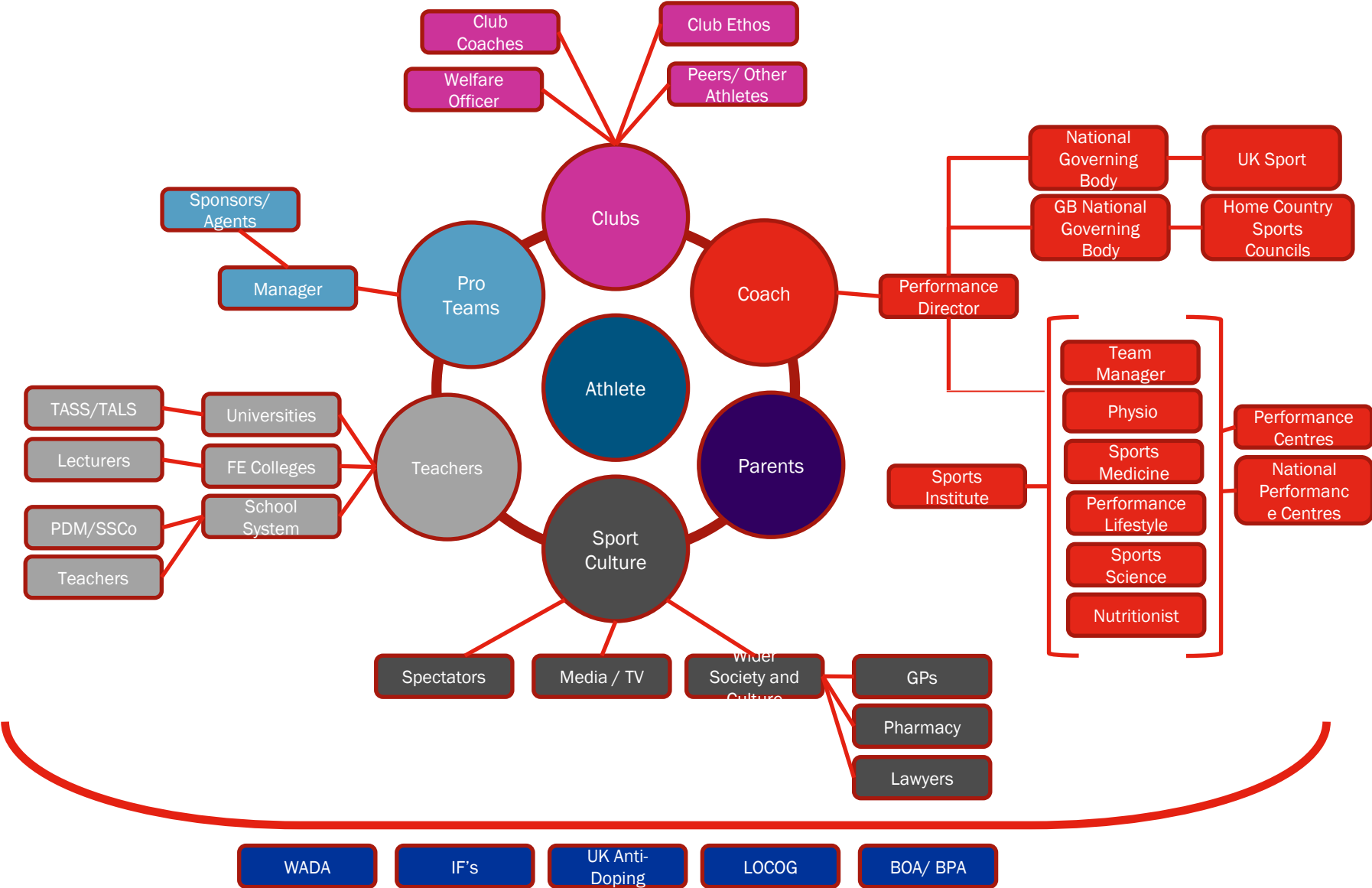
TRUTH OR MYTH

- If you can prove the anti-doping violation was by accident you won't get sanctioned

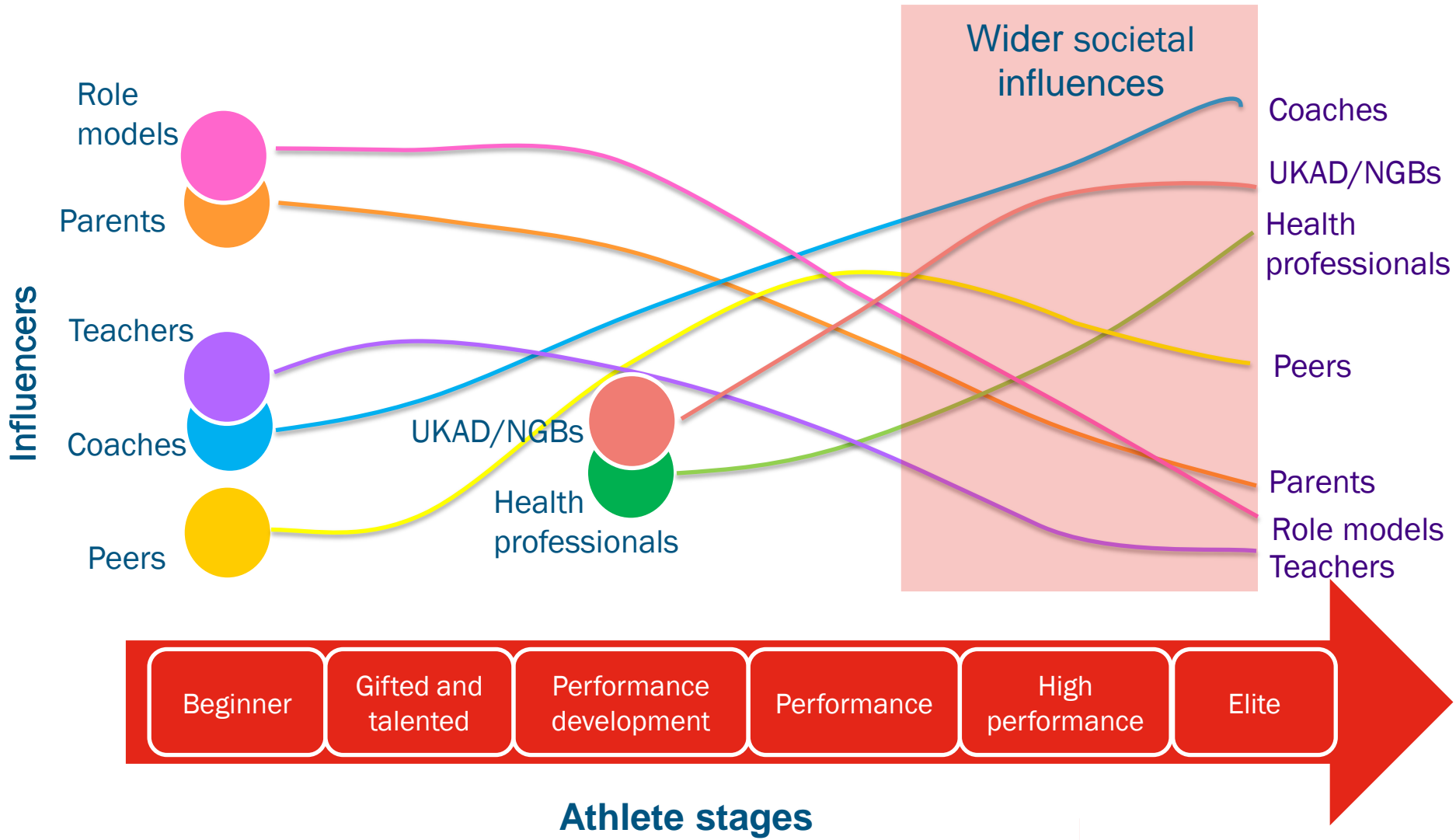
TRUTH OR MYTH

- If you receive a sanction of more than 6 months you can still compete in the Olympic Games

The Educational Landscape



Athlete pathway



ANTI-DOPING: TRUTHS AND MYTHS



TRUTH OR MYTH

- If more than two team members commit an ADRV at an event, the entire team can receive a sanction

TRUTH OR MYTH

- Coaches cannot be sanctioned for breaking ADRVS

TRUTH OR MYTH

- A coach can be banned for life from their sport

COACHES: THE CORE INFLUENCE

- ‘Call to Action’....Coaches need your help
 - Athletes need you to educate coaches
- Need to educate coaches on their roles and responsibilities in relation to anti-doping
- Need to educate coaches to share positive messages and develop positive values in athletes
- Need for coaches to take ownership of supporting their players to be clean, stay clean and believe that their competitors are clean too

AN EDUCATION SOLUTION: WIN: WIN

- What's the solution?
- E-learning programme for coaches taking their UKCC level 2 qualification
 - Why? Anti-Doping is now within the NOS for coaching at this level
- Programme aims to ensure correct information is given to coaches
- Practical solution to help sports educate in anti-doping

FAQ'S

- What's the cost?
- Can we access this for other coaches, say those who are already qualified?
- How does this work? How do coaches access this and who hosts it?
- When will it be ready?
- Can they use it as evidence against the UKCC Level 2 assessment?
- What about lower level coaches, Level 1's and our Performance Coaches?



Any questions....

UKad
anti-doping in sport

CONTACT US

- UK Anti-Doping
- www.ukad.org.uk
- T: + 44 (0)20 7766 7350
- E: ukad@ukad.org.uk

